

## Speakers and abstracts of Lectures and Workshop



**Godehard Stadtmüller**, MD, Neurologist, Psychiatrist, Consultant in psychotherapy and psychosomatic medicine, ISBP TF. (Germany)

Lecture: 60 min

***What do we mean by "identity", when we say "New Identity Process"?***

Identity is of central interest in philosophy and psychology throughout human history. The presentation gives a short overview of what Casriel understood as identity and how according to his theory it is possible to change this identity. Why is it helpful? What is the aim of such a change? What are possible dangers? And of which level of identity are we speaking when we talk of "new identity". And finally, precisely how are therapists in BP helping clients to change their identity? And what may be pitfalls in this task?

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**Klaus von Ploetz**, Consultant in Psychiatry and in Child Youth Psychiatry, Consultant in Neurology and Consultant in Psychoanalysis. Trained in Systemic Family therapy, in 2008 he was Medical director of Clinic for Psychosomatic and Childhood and Adolescent Psychiatry Bad Herrenalb. In 2012 he started at Fontane Clinic Berlin Motzen and in 2016 he became Medical director of Clinic for Psychosomatic Gezeitenhaus Wendgräben. From 2020 he carries out private practice. (Germany)

Lecture: 30 min

***Multi Care-giver Attachment***

The prototype view of attachment assumes that continuity in attachment representations reflects an internal model for later emotional and interpersonal developments that was molded by early attachment relationships. The lecture focus on the fact that the ontology of attachment presumably started in groups not in small families. The attachment patterns are hypo statically working also in groups, especially when the concept is oriented in a therapeutic community. The hypothesis of the effect of care-giver groups and a group attachment scheme will be discussed.

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**Andrea Genuin**, Graduated in 2020 in Clinical-Dynamic Psychology at the University of Padua with the thesis "Bonding Psychotherapy: evaluation of the effectiveness of residential groups". He is currently carrying out a professional training in psychology with "Fondazione Progetto Uomo" in Belluno, where, in the past, he has participated in numerous residential Bonding Psychotherapy groups. (Italy)



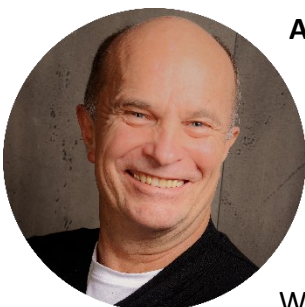
**Silvia Salcuni**, Psychologist, psychotherapist of the School of Specialization in Psychoanalytic Psychotherapy (SIPP), Associate Prof. in Dynamic Psychology, PhD in Developmental Psychology and Socialization Processes. (Italy)

Lecture, 30 min:

***Bonding Psychotherapy: evaluation of the effectiveness of residential groups.***

The research project, carried out by the Department of Developmental and Socialization Psychology (DPSS) of the University of Padua, in the person of Prof. Silvia Salcuni, in collaboration with the Solidarity Center of Belluno (CeIS), and the results are presented. The research took place between February and November 2020 and was carried out by Andrea Genuin for the realization of his experimental thesis. Moreover, some key concepts on the method of psychotherapy research with groups will be discussed.

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**Anders B. Seim**, Medical doctor, PhD in ethnomedicine, specialist in psychotherapy and of Bonding Psychotherapy. He was head of a drug rehabilitation therapeutic community and has worked in psychiatry and psychosomatic – he is trained in Gestalt, TA, NLP and systemic therapy. He is also a business consultant for leadership development and conflict-mediation. (Germany)

Workshop, 90 min:

***"Yes" and "No": The Challenge of Consent in Contact / Bonding.***

The workshop presents the concept "Circle of Consent", outlining and demonstrating valuable techniques for developing the sensitivity to own signals of accepting and rejecting touch.

It is a valuable addition to mat-work in Bonding Psychotherapy, empowering people to access and act upon their inner kinesthetic cues, signaling the "yes" or the "no" to a touch.

The concept is embedded in the theoretical framework of Bonding Psychotherapy, linking it to Dan Casriel's term of "rejector" and acceptor".

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**Andrej Majcenovič**, ISBP MIT. (Slovenia)

Lecture: 30 min

***Introductory workshops on Bonding psychotherapy for disabled individuals and their family members in Slovenia.***

Bonding psychotherapy (BP) can offer in-depth help with psychological acceptance with the fact of disability and with losses, that are brought upon an individual and his family. In the year 2020 the members of the Slovenian Association for Bonding Psychotherapy and with the collaboration of the Slovenian Paraplegic Association, have performed nine introductory workshops on BP for disabled individuals and their family members. The presented article describes the basic structure, performance and content of introductory workshops, implemented ways of passing the content, used exercises, acquired experience of psychotherapists, statistical analysis of attendee's structure, proposed improvements and further plans on the project.

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**Marisa Bergantin**, ISBP Fellow. She approached and participated in the BP groups as volunteer working in the Solidarity Center of Belluno (CeIS), hosting drug addicted girls and boys in her home. Her BP training took place in Rome, largely with M. Kooyman, and it helped her to relate to people, to listen, welcome, understand and express in relationship. Since BP groups were put on the Progetto Uomo program, in 1990, she has always participated in as operator. (Italy)

Lecture: 30 min

***Social work data with self-help groups***

Many people, which participated in BP groups, then attended the self-help groups in the territory. The research about the application and social effect of BP philosophy and method, on how it was internalized in the life, will be presented. The results will be shown with illustrative schedules' help.

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**Suzana Čajjić**, ISBP MIT, Social Worker with more than 14 years of service in various areas of social care, from working with children to working with the unemployed, drug addicts, people with mental health problems, elderly. She is currently the Project Coordinator for one of Slovenia's leading NGOs engaged on Trafficking In Person issues, working directly with TIP victims. (Slovenia)

Lecture/Workshop: 30 min

***The influence of smells on the BP process.***

In scientific literature we can find the connection between the sense of smell, memory, emotions and well-being. Can smells and aromas have positive influence on the promotion of emotional

opening, relaxation and experiencing comfort in clients during the BP process? The lecture is about the conducted short research, aimed at obtaining preliminary information from clients who were included in the introductory BP workshops. The last part of the presentation includes a short experiential workshop, where participants will try out different scents.

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**Lina Pontari**, Psychologist, ISBP TF, Co-founder of S.I.P.E. (Italian Society for Emotional Psychotherapy). She has thirty years' experience of leading BP groups in multiple locations. Specialized in "Attachment and Family Relations" (2000), in Scholastic Psychology, and specifically trained in Emergency Psychology (2003) and Judicial Psychology (1999-2001). In the last few years, she directed her attention towards the spiritual dimension and Eastern culture, attending numerous courses around the world. (Italy)

Lecture/Workshop: 90 min

***The butterfly's flight: integrated Bonding, from a certain point on.***

The presentation deals with the integrated BP approach, using the metaphor of the butterfly's flight, to be understood as metamorphosis both physical and evolutionary of the human being - at an individual and ecosystem level - during the journey of earthly life, to be lived entirely in the "here and now" of each single phase, focusing on "being" even before "doing". The discussion feeds on the contribution of the "New Sciences", from Systems Theory, to that of Chaos, to Quantum Physics.

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**Nastja Ravšelj**, Graduated in Biopsychology, ISBP MIT. She is finishing her master's degree in business management as she was always interested in work and organizational psychology. She is currently pursuing a career in business tourism and trying to meet the requirements to become a Fellow in Bonding Psychotherapy. (Slovenia)

Lecture: 30 min

***Successfulness of education in Slovenian Chapter of International Society for Bonding Psychotherapy***

In Slovenia we have five Fellows and seven more Members in Training, most of which is under the age of 30, meaning young, ambitious, new generation of teaching fellows is making their way in the world of therapy. All under the wing of a Teaching fellow, Mr. Bogdan Polajner, Slovenian Chapter managed to establish a strong educational scheme which is producing more and more successful Fellows and helping many existing and new clients. The research outlines the reasons behind how is it that in Slovenia there is such a strong generation of young therapists and what was the reason behind their decision to pursue the career in bonding psychotherapy.

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**Lorenzo Brocchini**, Clinical psychologist, ISBP F, Trained in Operative Group Technique; he is in training at the School of Group Analytical Psychotherapy. He has 25 years' experience in coordinating therapeutic community services for pathological addictions and nowadays he is the head of the Clinical and Training Areas of the National Association for Technological Addictions. He also works as a consultant with individuals, couples and families, and leads psycho-educational and supervision groups. (Italy)

Lecture: 30 min

***The Laboratory of Expressive Movement in BP***

The Laboratory of Expressive Movement (EM) is an evolution of the principles and techniques of BP groups. The paper introduces some links with the BP movement, personal experiences of the author (biodanza, bioenergetic and reichian analysis) and scientific references, especially about the Polyvagal Theory. The Laboratory of EM is a flexible instrument and can have various applications, in clinical and non-clinical settings: the paper shows a simple guideline to apply the EM and to gradually develop a personal way of leading such a Laboratory.

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**Bogdan Polajner**, Doctor of Psychological Sciences, ISBP TF, Supervisor, licensed by the Social Chamber of Slovenia. Thirty years' working experience with drug addicts and with other people in need of psychotherapeutic help or counseling. Twenty years of supervisory work with more than 50 institutions in Slovenia and with more than 500 professionals. Senior Adviser to the Ministry of Labor, Family and Social Affairs, President of the Association of Bonding Psychotherapists of Slovenia, ex-President of Slovenian program for addicts "Progetto Uomo". (Slovenia)

Lecture/Workshop: 90 min

***Basic elements and methods of supervision***

The Presentation includes two parts: a theoretical introduction, in which 10 basic elements and functions of supervision or intervision and 5 different practical methods are discussed (for different therapists - including bonding psychotherapists - and for their co-therapists), and a practical workshop, that covers the practical application of different supervision methods. The participants of the workshop will be able to process their selected supervision problems, which they are dealing with in their psychotherapeutic practice, with the help of various methods of supervision.

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**Sonja Rotar**, Bachelor of Arts, Pedagogue, Andragogic, ISBP MIT since 2014. Since 2011 employed in NGO (non-government organization) Project Man which is recognized member of EFTC (European Federation of Therapeutic Communities). Head of the Reintegration Center since 2020. (Slovenia)

Lecture: 30 min

***Back to the Roots: A Case Study of Good Practice in Bonding Psychotherapy Mat-work in a Therapeutic Community for Addicts in Slovenia.***

Since Dan Casriel discovered the “Classic Bonding Technique”, much progress has been made in Bonding Psychotherapy (BP) – also in applied “mat-work” techniques. In our therapeutic community in Slovenia, while practicing BP, we find that many clients have had extremely traumatic experiences, and subsequently have a lot of anger management issues and impulsive reactions. As some of them are physically very strong men, we decided to proceed by utilizing a “linear approach” to the mat work in order to ensure the safety of all participants in the work. This means that we work with only one person (and only one “teddy bear”) at the same time during each mat work exercise.

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**Marcella Tam**, Development Sociologist, ISBP F. Apart from Bonding Psychotherapy she has been trained in Transactional Analysis and systemic work. Presently she is entering the 4<sup>th</sup> year of the 4-year training to become an integrated body-oriented psychotherapist. She has recently become ISBP Fellow and she is just starting with her psychotherapy practice. She is also working as researcher/project leader in palliative care at the Leiden University Medical Centre. (The Netherland).

Workshop: 90 min

***The added value of using bodywork techniques in bonding therapy.***

Within the Bonding theory, bodywork techniques are only briefly touched upon, whereas there is a whole field of theory and practice developed by different body-oriented therapies. After a brief introduction to bio-energetics, body drama, energetic breathing and character structures (Reich, Lowen, Painter), a ‘tasting’ of possible use of these techniques will be given to you during the workshop. You will be let to experience some of these techniques personally and practice with a few ways of using these techniques in bonding or attitude work.

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**Martien Kooyman**, MD, PhD., Psychiatrist, psychotherapist and ISBP TF. President of the Advisory Board of De Stam, The Hague. (The Netherland)

Lecture, 60 min:

***Regained memories of traumatic events during bonding therapy sessions.***

In Bonding sessions implicit unconscious memories of traumatic experiences can be provoked by expressing emotions. These can be pictures, a smell, unconscious movements, being touched. In bonding groups these memories can be integrated by expressing the emotions and as a result no longer influence our behavior. The speaker's own experiences and those of participants in bonding groups will be discussed. Participants in the audience will be asked to share their experiences.

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**Inge Kooyman**, Student Bachelor Social Work, ISBP MIT. She has been leading the Bonding groups under supervision in TC the Stam in The Hague for 1,5 years before the Covid-19 break. As per august 2021 she is starting these groups again. (The Netherland)

Workshop, 60 min:

***Are Bonding groups in a Therapeutic Community preventing early dropouts and/or impulsive dropouts?***

Due to Covid-19 we had the chance to do research in the effects of the Bonding groups in the TC The Stam in The Hague. The presented research aimed to study the time between intake and departure of clients when they did participate in the BP groups and the time between intake and departure when these groups couldn't take place.

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